PELVIS SERIES STRATEGY & APPLICATION

Supervised Small-Group Instruction with Lead Instructor Bethany Ward

WHO:

This seminar style class is for practitioners who have taken AMT's Pelvis, Hip & Sacrum (Parts I & II) who want practice applying the theory and techniques with a real client, with input from a lead instructor and like-minded colleagues.

WHAT:

Group size is kept to three participants to leave plenty of time for skill-building and exploration. In general, seminar focuses on refining assessment skills, developing strategy, and creating interventions that respond to client goals.

Participants take one client through three sessions and document progress using written record, photos and/or video. At each meeting, each group member shares case progress and works with group to further develop/refine series and session strategy. Emphasis on movement analysis, coherent strategy, and application of AMT concepts.

WHEN:

90 mins every other week – See Advanced-Trainigs.com Trainings page (https://advanced-trainings.com/workshops/) for latest groups and meeting times.

WHAT PAST PARTICIPANTS ARE SAYING:

- I loved the small group size — three participants was the perfect number because it provided for good pacing and individualized attention.

- I learned a lot from studying the other practitioners' cases, as well as my own.

- I appreciated the "big picture" thinking (planning across a series as well as individual sessions); considering preparation, differentiation and integration in every strategy; and challenging myself to open and close a sequence of work with my client.

ABOUT INSTRUCTOR:

Bethany Ward is an Instructor for Advanced-Trainings.com's **Advanced Myofascial Techniques series**; faculty in the Rolfing® and Rolf Movement® departments at the Dr. Ida Rolf Institute® of Structural Integration; and past-president of the Ida P. Rolf Research Foundation. Bethany's full-time private practice (ActionPotential, Inc.) is based in Durham, NC. Contact her at bethany@advanced-trainings.com or 919.451.6253.