

# ADVANCED-TRAININGS.com

## Advanced Myofascial Techniques



ORP 200124 MR2

## THE UPRIGHT RIBCAGE

Special 1-day course

### Portland, OR

East West College  
1515 SW 5th Ave, 4th Floor  
Portland, OR 97201

Fri, Jan 24, 2020  
Class begins at: 9:00 am

**Register Early! \$159 before Thu, Jan 2, 2020 \$179 after.**

Lead Instructor: Til Luchau  
CE Credits: 8 | CAMT Credits: 1

This special stand-alone class continues with myofascial techniques that dramatically improve your ability to work with the ribcage and related structures such as the spine, diaphragm and mediastinum. Increase your effectiveness when working with back pain, rib pain and injuries, ligament and joint conditions, respiratory issues, surgery recovery, thoracic stability, scoliosis and postural issues, and movement limitations.

Preparation: completion of our either "Rib I," "Spine, Rib, & Low Back," and/or "Scoliosis" courses (via seminar or DVD) is highly recommended (though not required) preparation for this course. Order the DVDs at a discount during your registration. All welcome.

**To Register: [www.Advanced-Trainings.com](http://www.Advanced-Trainings.com)**

3514 Nyland Way, Lafayette, CO 80026 | [info@advanced-trainings.com](mailto:info@advanced-trainings.com)

**1-877-499-8811**

NCBTMB APPROVED PROVIDER



FOR CONTINUING EDUCATION

Advanced-Trainings.com is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a Continuing Education Provider under Category A. Other types of CE credit are also available -- please inquire.